

# DIOCESAN

## Holy Week Messages

**Holy Thursday** - This is the day of fraternal Charity, when Jesus washed the feet of his disciples. Open the prayer button and pray the Act of Love/Charity. Today make every act more considerate, our voices will be moderated out of respect for one another. We show an extra willingness to give way to one another. We pass up opportunities for argument and criticism. We meditate on the truth that this is the day to commemorate the institution of the Eucharist, and we feel the excitement of the anniversary of a great event.

**Good Friday**- Do not let Good Friday go by as just any other day of the year. Take time to contemplate all that Christ's death on the cross signifies for us. Open the Rosary button and pray the sorrowful mysteries.

**Holy Saturday: Today is a time of waiting and rest. A day of silence: Spend some time today contemplating Jesus' final words**

**"Father, forgive them, for they know not what they do."**

(Lk 23:34)

**"Amen, I say to you, today you will be with me in Paradise."**

(Lk 23:43)

**"Dear woman, here is your son."**

(Jn 19:26-27)

**"My God, my God, why have you abandoned me?"**

(Mark 15:34)

**"I thirst!"**

(Jn 19:28)

**"It is finished!"**

(Jn 19:30)

**"Father, into your hands I commend my spirit."**

(Lk 23:46)

Add these resources to your app or adjust the tips for messages in the app, then promote!

### **10 ways to make Holy Week more meaningful**

1. **Add Prayer** If you have to work or go to school during Holy Week, think about how you can incorporate prayer breaks into each day, set yourself a reminder to pray
2. **Sacrifice** by fasting and abstaining from meat on Holy Thursday and Holy Saturday in addition to Good Friday.
3. **Replace television** to a holy podcast or blog from sundown on Holy Thursday until Easter morning.
4. **Go to confession.** Open the confession feature, do an intentional examination and make a plan for confession.
5. **Set aside** 10 minutes everyday to read the daily readings
7. **Pray** the Sorrowful Mysteries of the Rosary. Add the Rosary button with Father John Ricardo
8. **Offer up** any pain or difficulties you experience during Holy Week and unite your sufferings with the pain of Christ.
9. **Pray** the Stations of the Cross. Add the Busted Halo Stations button.

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10. Attend all of the Triduum liturgies. (watch them if unable to attend)

**Takes some time during Holy week to meditate on the last words of Jesus. Ask the Holy Spirit to reveal himself to you through His words**

“Father, forgive them, for they know not what they do.”

(Lk 23:34)

“Amen, I say to you, today you will be with me in Paradise.”

(Lk 23:43)

“Behold, your mother!”

(Jn 19:26-27)

“My God, my God, why have you forsaken me?”

(Mt 27:46)

“I thirst!”

(Jn 19:28)

“It is finished!”

(Jn 19:30)

“Father, into your hands I commend my spirit.”

(Lk 23:46)

## **Add custom buttons:**

**Station of the Cross** We offer Busted Halo version if your parish does not have their own

**Rosary** Father John Ricardo

**Today's Saint** history and reflection on the Saint of the day, by Franciscan Spirit

**Local Catholic Radio**

## **Ways to use current buttons:**

**Prayers** Set prayer reminders: encourage your entire community to set them together or as individuals. Prayer the Angelus, St. Michael prayer, Morning offering etc.

**Confession** commit to an examine and set your confession reminder

**Bulletin** encourage everyone to read the bulletin right from their phone or tablet

**Inspire Daily** - daily reflections based on the readings by Catholic speakers, authors, bloggers.

**Homilies** - Daily Homilies Bishop Barron or your priest if you record it!